

American Heart Association Heartsaver® Pediatric First Aid CPR AED

Course Overview

This course teaches students to respond to and manage illnesses and injuries in a child or an infant in the first few minutes until professional help arrives. The course is intended for those involved in child care who have a duty to respond to children's health emergencies, including child-care workers, teachers, foster-care workers, camp counselors, youth organizations, and coaches for children's sports organizations. This course is also ideal for parents, grandparents, babysitters, and guardians.

After successfully completing this course, students should be able to:

- list the priorities, roles, and responsibilities of a rescuer providing first aid to a child or an infant
- describe the four key steps in first aid for children and infants: prevent, protect, assess, and act
- remove protective gloves
- describe the assessment and first aid actions for the following life-threatening conditions: difficulty breathing, choking, severe bleeding, and shock
- control bleeding and bandaging
- use an epinephrine pen
- recognize elements of common injuries and illnesses
- recognize the legal questions that apply to pediatric first aid rescuers
- describe how high-quality CPR improves survival
- explain the concepts of the Chain of Survival
- recognize when someone needs CPR, and perform high-quality CPR for an infant, child, or adult (adult CPR module is optional)
- give effective breaths by using mouth-to-mouth or a mask for all age groups
- demonstrate how to use an AED on a child or an adult (adult AED module is optional)
- describe when and how to help a choking infant, child, or adult.

Upon successful completion of the course, including a first aid skills demonstration and a CPR and AED skills test, students receive a Heartsaver Pediatric First Aid CPR AED course completion card that is valid for two years.

Students who successfully complete this course will receive an "E-card."

American Heart Association Heartsaver Pediatric First Aid CPR AED is offered 3 ways:

- View/Enroll - open enrollment class schedule: <https://www.sotech.edu/pages/course-schedule-enroll-now>
- See "Blended offerings" for a description of this class as a blended learning course
- Customized Trainings for Business – Contact Jennifer Oblander (580) 224-8254 & joblander@sotech.edu